CONTINENTAL BREAKFAST

Cold Drinks

Orange · Grapefruit · Apple · Spring water
50kcal 60kcal 56kcal

Freshly Baked

Cereals

Homemade granola · Cornflakes · Bran flakes · Weetabix
217kcal 179kcal 146kcal 146kcal

Fruit

Fruit salad · Prunes · Orange & grapefruit segments · Natural yoghurt

88kcal 43kcal 53kcal 43kcal 43kcal

Continental Cold Cuts

Selection of cured meat, cheese & Gidleigh Park sourdough bread 991kcal

Porridge

Porridge with a choice of jam, maple or golden syrup

112kcal

Burcha

Coconut burcha muesli, blueberries, chia seeds
144kcal

All prices include VAT at the standard rate. We add an optional 10% service charge to your bill of which 100% is paid to the hotel team.

Some of our food and drinks may contain nuts and other allergens. Please speak to us before placing an order so that we can advise you on your choice. Our kitchens and bars handle all allergens and use shared equipment, so unfortunately, we cannot guarantee to be trace free. Our vegan recipes are prepared with vegan ingredients, but these may still contain traces of all allergens.

Adults need around 2000kcal a day.

COOKED BREAKFAST

Full English Breakfast

Sausage, bacon, black pudding, hogs pudding, potato rosti, grilled tomato, mushroom, with eggs to your liking

Vegetarian Full English Breakfast

Grilled tomato & mushroom, potato rosti, spinach, beetroot pudding, vegetarian sausage, with eggs to your liking

491kcal

Avocado

Crushed avocado, poached egg, Buffalo halloumi, harissa & honey 313kcal

Kippers

Smoked grilled kipper wth parsley & lemon butter 789kcal

Haddock

Poached smoked haddock & poached egg, hollandaise
490kcal

Eggs Benedict

Toasted English muffin, cured ham, poached eggs, hollandaise

556kcal

Eggs Royale

Toasted English muffin, smoked salmon, poached eggs, hollandaise 587kcal

Smoked Salmon

Sourdough buttered crumpet, smoked salmon & scrambled eggs 508kcal

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